



Simple Life Audit

Areas of Life	What does 10/10 look like in the world?	Where do I want to be out of 10?	Where am I right now?
Finances			
Career			
Home			
Family			
Friends			
Mental Health			
Physical Health			
Spirituality			
Community			

My 3 biggest gaps are:

Area of Life			
One thing I would like to stop is...			
One thing I would like to start is...			
One thing I would like to modify is...			

Space for your thoughts